



AFAP End of Financial Year Appeal 2009

Help women like Emily help themselves !!!

In 2005 Emily, aged 22, was severely ill. Simple activities became incredibly hard and she was unable to take proper care of her three children – a son and two orphans from her sister. She suffered from shingles and then from TB, and was too weak to make the 20km walk to the nearest health clinic.



Emily

Emily's and her children's lives were at risk, when a caretaker of a community based organisation set up by AFAP's in-country partner Concern Universal Malawi, visited her house and persuaded her to get tested for HIV/AIDS. When Emily discovered she was HIV positive she was devastated at first. However, the anti-retroviral treatment she received brought her back to health and the support lifted her spirit.



Grandmother and member of the Tiyanjane Support Group with her orphaned HIV positive grandson

Now Emily is the chairlady of the Tiyanjane Support Group for HIV positive women. She is involved in small crop farming projects and has received training on nutrition and learned how to cook using less firewood. The training and chickens received in 2006 have provided her with eggs and a sustainable income. With a little help Emily has re-found her joy in life and feels stronger than ever before.

In Malawi the stigma surrounding people with HIV/AIDS form an enormous obstacle for the prevention and care for the ill. Although in Malawi about 187,000 people die each year from AIDS related illness, the topic is still taboo in many areas. The strength and courage of women like Emily will help break down this stigma and strengthen AFAP's fight against HIV/AIDS.

If you wish to help women like Emily help themselves, please make your tax-deductible donation to AFAP's Women's Appeal.

For further information on this project, please see the article in AFAP's May Newsletter or visit our website at www.afap.org.

Thank you for your generous support!!!

Donations of \$2.00 or more are tax deductible.

If you donate before 30th June you can claim your tax deduction this Financial Year!!

To Donate:

- 1- Visit our website www.afap.org and make a secure donation online.**
- 2- Complete the donation form and post it along with your credit card details or cheque to**

**AFAP
Po Box 12
Crows Nest
NSW 1585**

3- Give us a call on 1800 007 308 (toll free)